# Will I feel any pain?

You cannot feel Ultrasound waves. However, it is important for the Sonographer/ Radiologist to examine you in the correct position and gently press down the probe to get a good image. For some people, this may feel a little uncomfortable. Please inform the Sonographer/ Radiologist if you feel discomfort and they may be able to adjust to an alternative position.

# What happens after the scan?

If you are having the examination as an outpatient, you can leave the department and continue your day as normal after the scan. You may eat, drink and continue normal activities as soon as you wish.

The results of your scan will not be available immediately. The images will be reviewed by a Radiologist and a report will be completed.

If you have been referred by your GP, the results will be sent to the GP within 10 days. If you have been referred by a hospital consultant, you will receive your results at your next outpatient appointment.

If you are an inpatient, the results can be accessed by the Doctors looking after you on the ward.

#### **Further Information**

Please check your appointment letter to confirm if your Ultrasound scan is booked for Beaumont Hospital or Omni Outpatient Centre in Santry.

### **Directions- Beaumont Hospital:**

The Ultrasound Department is located on the Lower Ground Floor of Beaumont Hospital. Please check in at the Main X-ray Reception on arrival.

#### **Directions- Omni Outpatient Centre, Santry:**

Omni Park Shopping Centre is located on the Swords Road, Santry, Dublin 9, approximately 6 km from the centre of Dublin. Omni Park is convenient to several bus routes and just off the M1. The 1, 41, 41C, 16 and 13 buses run from the centre of Dublin.

The Outpatient Centre is located on the first floor of Omni Park Shopping Centre. Parking for patients and visitors is available at OMNI Shopping Centre. Cars are parked at owner's own risk.

If you have any questions, require further information, have specific requirements, please contact the US Secretaries on: **01-8092792 or email usreferrals@beaumont.ie.** 



Pelvic US & Transvaginal US Date Approved: July 2023 Version No. 2 Date for Review: July 2025 US Department, Beaumont Hospital http://www.beaumont.ie/us

# Beaumont Imaging & Interventional Directorate





# PATIENT INFORMATION

**LEAFLET:** 

**PELVIC ULTRASOUND &** 

TRANSVAGINAL ULTRASOUND SCAN



#### Introduction

A pelvic Ultrasound and Transvaginal Ultrasound scan has been requested for you and this leaflet explains what the scan involves and what you need to do to prepare for your scan. Your Ultrasound scan will help make a diagnosis or monitor your treatment.

#### What is an Ultrasound Scan?

An Ultrasound scan, sometimes called a sonogram, is a procedure that uses high frequency sound waves to view internal organs and produce images of the human body. These soundwaves travel at a higher frequency than we can hear.

This pelvic Ultrasound scan will look specifically at the uterus, ovaries and the endometrium.

As sound waves are used rather than radiation, this procedure is considered very safe. There are no known side affects associated with this scan. Please inform staff if you have a latex allergy. The images are produced by a Sonographer/ Radiologist, who is highly trained in this speciality.

If you are pregnant, please **DO NOT ATTEND** your scan.

## **During the Examination**

#### Transabdominal Ultrasound Scan:

For this scan, you will be required to start drinking fluids one hour prior to your scan - it is necessary that your bladder be full to 'bursting'. A small handheld probe will be placed on the skin at the lower part of your abdomen. The probe will be moved back and forth over the body part being examined. A cold, water based gel is put onto your skin to allow the probe move smoothly and obtain the image. This type of scan may be enough to get all the required information. However, sometimes a transvaginal scan will be offered, if more detailed information is required.

#### **Transvaginal Ultrasound Scan:**

For this scan, you will be asked to empty your bladder. You will also be asked to remove your underwear for the scan and you will be covered by a sheet, to maintain your privacy and dignity. A small probe will be placed into the vagina. The vaginal probe is cleaned before use, covered with a protective sheath and lubricated with sterile jelly to make its insertion into the vagina easier and more comfortable. The probe is inserted very gently into the vagina. It is usually a painless procedure and will feel very similar to having an internal examination.

#### **Additional Information**

The examination can be performed at any time of life - in pregnancy, during menstruation (period), or after menopause.

The scan takes approximately 15-20 minutes, but may be longer for certain examinations. Occasionally a second opinion is required and this can increase the exam time.

On the day of your scan, you should arrive **15 minutes** before your appointment time. As Beaumont is an acute hospital there may be occasions when other patients may need to be scanned urgently which could mean you experience a delay to your appointed time.

#### **Giving my Consent (Permission):**

We want to involve you in decisions about your care and treatment. The Sonographer/ Radiologist will ask you if you are happy to go ahead with your scan. This is called verbal consent. If you do not wish to have the scan or are undecided, please tell the Sonographer/ Radiologist. It is your decision and you can change your mind at any time. If you wish to have a chaperone present during the scan, please alert a healthcare professional before the scan begins. Students/ trainees may be present during the scan, but only with your verbal consent.